

Jiyu Gakuen Gymnastic Festival on Saturday, 12th October, 2019

to be held on Sunday, 13th in case of rain, which will be announced on the school home page after the decision is made at 7 am on 12th

Programme

Morning programme from 10:00 (the gate will open at 9:00)

1. Entering March
 2. Gymnastics and Races Preschool
 3. Gymnastics Primary school 1st, 2nd & 3rd year
 4. Gymnastics (Elective: Muscle strength) Boys' Department
 5. Gymnastics with Clubs Girls' Dept. 2nd & 3rd year senior high
 6. Relay Race between School Families Primary school
 7. Gymnastics (Elective: Expression) Boys' Department
 8. Maypole Dance Girls' Dept. 1st & 2nd year junior & 1st year senior high
 9. Gymnastics performed at the World Gymnastic Festival College team
- Gymnastic Exercises for Everyone

Intermission from 12:00

Afternoon programme from 13:15 to 15:00 (expected time)

10. Tumbling Boys' & Girls' Depts. & College team
11. Gymnastics Primary school 4th, 5th & 6th year
12. Gymnastics College team
13. Gymnastics (Elective: Rhythm) Boys' Department
14. Gymnastics with Hoops Girls' Dept. 3rd year junior & 1st year senior high
15. All-student Gymnastics Boys' Department
16. All-student Gymnastics Girls' Department
17. All-student Gymnastics College
18. Finale

(Each student at the Boys' Department chooses to perform one of the three programmes of Nos. 4, 7, & 13.)

Guests are requested to come to the reception desk at the main gate. There is no parking space on campus, so please refrain from coming by car. Some bread, cookies,

related books and goods are on sale after the morning programme is over. Please leave no litter on campus but take it back home. No pets are allowed on campus but guide dogs. Alcohol drinking and smoking are not allowed on campus. Taking photographs and video is allowed only to the guardians of Jiyu Gakuen students.

Danish Gymnastics at Jiyu Gakuen

Danish gymnastics are done at Jiyu Gakuen to aid the development of a healthy mind and body. The Festival is an opportunity for all of the students, from little four year old children to twenty-two year old youths, to perform the gymnastics which they study throughout the year. The Gymnastic Festival began as a sports day in 1926. In 1931, a Danish Gymnastic team came to do a performance for our students. In 1933, a Danish woman became a gymnastic teacher at Jiyu Gakuen. And in the following year, two graduates of the school left for Denmark to learn Danish gymnastics for one year and a half and then returned to teach gymnastics. Yoshikazu and Motoko Hani, our founders, found that Danish gymnastics were an appropriate type of physical training that would develop both body and mind. In 1935, the school held the first Gymnastic Festival on the big lawn, and with the exception of the years during World War II and two years when it was cancelled due to rain, the festival has been held annually ever since.